



## **Bio for Jashun Uberoi**

### **Jashun's recovery story:**

I started using drugs at a very young age and specifically downers. Because of my actions, I ended up getting kicked out of school 3 separate times and could not maintain any civil responsibilities. In May of 2016, I got out of a 90-day treatment facility and committed to NSR of Asheville for one year. The staff at NSR along with my family and network, showed me how to apply myself in recovery and be a productive member of society.

### **How Jashun came to NSR of Asheville:**

I am proud to say that after applying myself as a resident, I was given the opportunity to become part of the staff and do for others what my predecessors did for me. I am currently in school, working full time as well as active in my recovery. Something I would not trade for anything!

### **Jashun's advice for recovering addicts and their friends & family:**

Don't ever give up hope. There's no reason you or anybody else can't get clean. My advice for families of recovering addicts is to not exaggerate or minimize the consequences of someone's using. Addicts are people who live in a constant world of manipulation and with that said, assertive realism is much more likely to reach them.

### **A little known fact about Jashun:**

I've been playing guitar since I was about the size of a guitar. ;) )