

A black and white photograph of a man sitting on a rocky cliff, looking out over a vast, hazy mountain landscape. The man is wearing a plaid shirt and is seen from behind. The landscape features rolling hills and mountains in the distance, with a dense forest of evergreen trees in the foreground. The sky is bright and hazy. A dark, semi-transparent rectangular box is overlaid on the right side of the image, containing white text.

Next Step Recovery | Long-term Recovery for Men

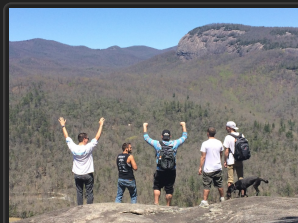
Next Step Recovery | Asheville, NC

Next Step Recovery's highly structured transitional living program is not only a sustainable investment, it is also an incredible value for long-term recovery support.

For approximately half of the cost of an average 30-day in-patient program, our residents can receive a full year of **structured recovery support** in a safe, sober living environment with daily onsite access to addictions specialists, life skills training, employment assistance, 12-step support, relapse prevention education, and a strong community of peers in recovery.

Choosing our transitional living program is one the best and most affordable ways to protect your investment in treatment while investing in a sustainable long-term recovery (the best investment of all).

Research has consistently shown that remaining in treatment for an adequate period of time, with access to a variety of recovery treatments and supports, is critical to long-term recovery. The greatest **vulnerability for relapse is within the first 120 days** after entering treatment, and post-acute withdrawal symptoms can continue to be experienced for up to 12 months or more. As much as one-third of those who complete a residential treatment program will be readmitted in the first year, and 50 percent will be readmitted in the first 5 years.



Next Step Recovery specializes in early recovery for men 18 years and older who suffer from mental health and substance use disorders.

Get Help Now!

Call 828.350.9960

[Learn more](#)